

Day of Surgery

What to Expect After You Arrive at Ferrell Hospital

- Same Day Care Center
- Recovery Room
- Discharge
- Operating Room
- Pain Relief

How to Prepare

- Shower or bathe with an antimicrobial soap (for example, Dial).
- Report to the hospital a minimum of one hour before your scheduled surgery time.
- Please park in Ferrell Surgical Services north parking lot off of Benton Street. Parking is also available on Maple Street.
- Wear comfortable loose-fitting clothing that is easy to put on and remove.
- Do not wear make-up, nail polish or false fingernails.
- Remove all jewelry and leave it at home with other valuables. Remove all body piercing jewelry (belly, tongue, facial) prior to coming to the hospital.
- Contact lenses must be removed prior to surgery – this includes extended-wear contacts. Please bring contact lens case and solution.
- Do not bring valuables (jewelry, etc.) to the hospital. Your family will be responsible for your belongings. Ferrell Hospital is not responsible for loss or breakage of personal items.
- If you are instructed to take medications, swallow them with a small sip of water.
- If the patient is younger than 18, a parent or guardian must come with the patient and stay at the hospital with the child.
- Do not shave your surgical site.

After surgery, you must have a responsible adult to take you home. There are no exceptions. The anesthesia and/or medications make it unsafe for you to drive a car, walk home or travel by public transportation.

Outpatient Surgical Services

Upon arrival to Ferrell Surgical Services Department, you will finalize hospital registration and then will be escorted to your room in the Outpatient Surgery area. Your family will wait in the waiting room until the following items have been completed:

- Have your height and weight checked
- Have your blood pressure, temperature, pulse and breathing measured
- Be asked to put on a hospital gown
- Have a surgical body prep
- Sign your consents
- Have any day-of-surgery lab tests done
- Have I.V. fluids started

- Be asked to assist in verification of your surgery and marking your surgical site

Once everything is completed to prepare you for surgery, your family will be escorted to your room to visit with you until the surgery time. After you leave for surgery, your family will be directed to the surgery lounge. If you are going to be admitted to the hospital as an inpatient, you will be assigned to a room after surgery.

Operating Room

You may be taken to surgery on a surgery cart or wheelchair, depending on your procedure. The operating staff wears face masks and head coverings to keep the room clean and germ free. The operating room is kept cool for the same reason, but warm blankets are available to you – just ask. You will also be given a head cover. You will be greeted by your nurse and nurse anesthetist and you will be asked to participate in a “time out” with the operating team to identify you by name and birth date and to ensure all of the surgery team is in agreement about the procedure you are having and the location of the procedure. Everyone may look very busy, but we encourage you to ask questions at any time. The amount of time in surgery and the kind of anesthesia you will receive depend on your individual needs. You should discuss this in advance with your surgeon and nurse anesthetist.

Recovery Room

Immediately after surgery, the surgeon will talk to your family or significant other to update them on your status. You will be taken to the recovery room where a nurse will closely monitor your blood pressure, pulse, respiration and pain. You may be given oxygen to ease your recovery from anesthesia. You will stay in the recovery room until you are ready to go to the outpatient surgery area – usually around one hour. Family members are not allowed in the recovery room. However, parents of small children may be asked to stay in the recovery room to decrease anxiety during the child’s recovery.

Pain Relief

Our goal is to control your pain and make you as comfortable as possible. We will monitor your pain and give you medication as needed. The nurse will ask you to rate your pain on a scale of 1-10. The scale indicates “1” being the least amount of pain and “10” the most severe. This will help determine how much and what medication you will receive. Pain medication can be given by mouth, by injection or through an I.V.

Discharge

If you are to be admitted, you will be taken to your hospital room from the recovery room. Your family or significant other will be able to be with you once you are taken to a room. If you are to be discharged, you will be returned to the Outpatient Surgery Unit. The average length of stay is one to two hours. Written discharge instructions, including prescriptions for take-home medications, and follow-up appointments will be reviewed with you and your family members. Within 48-72 hours after surgery, a hospital staff member may call you to check on your progress. Call your doctor if you have any questions or concerns. If you need immediate help, go to the Ferrell Hospital

Emergency Room or hospital near your home. Thank you for choosing Ferrell Hospital.
We look forward to providing for your health care needs.